

Mrs Smoother's Update



Retirement. On Friday 1 July Robyn Campbell, our school cleaner, will retire. Robyn has provided outstanding support to Ben Lomond Public School for over thirty years. We are very thankful for the amazing service Robyn has provided and appreciated the little extras (heaters turned on early on cold days) she did

for us. We wish her a very happy retirement and we wish both her and John all the best for their move to Guyra.

Teaching and Learning. As part of our English unit on Journeys all of the students completed a short film on the topic *The Places I'll Go* linked to the Dr Seuss Book. Some of the students used I Movie and some of the students used I Motion to complete the tasks. We are in the process of setting up our own TV channel called *Film Pond* that is hosted by the Department of Education. The channel will be able to host work completed by the students in safe, ad free environment.

Education Week. This year Ben Lomond will be hosting the Highlands Learning Network Education Week Awards on Monday 1 August at 4pm in the school hall. Everyone is welcome to attend to celebrate the achievements of students and staff and to thank our community supporters. Mrs Siddell and the students have been busy preparing a musical item to present. Later in the week the students will attend Black Mountain Public School for their annual *Highland Fling*.

The Snow Gums Learning Alliance. Earlier this term the Alliance received another grant to implement a STEM project (Science, Technology, English, Maths). The project involves creating a unit of work using *Primary Connections* as a model. The unit will begin with a camp to be held at Thalgarrah to ignite the student's interest. After the camp the students will be involved in

5 Fortnightly projects where each school will come up with short one hour lessons that the schools can teach and then share via video conferencing. The project has been able to have the following UNE Scientists

- Kirsti Abbott – School of Ants Project – Long Term Project – Project to link in with *Primary Connections*
- Simon Murray – Engineering
- Janelle Wilkes – Dr of Engineering (UNE) – Bridges?
- Dougall Elliot – Biology – Human Strength.

End of Term. Thank you to the staff, students and parents for their hard work and support this term. Have a safe and restful break. Students return Tuesday 19 July.

Denise Smoother
Principal
Ben Lomond Public School

School Calendar

T2 Week 10

Thursday, 30th June 2016 – School Banking
Friday, 1st July 2016 – Library
Friday, 1st July 2016 – School Assembly
Friday, 1st July 2016 – Last Day Term 2

T3 Week 1

Monday, 18th July 2016 – Staff Development Day
Tuesday, 19th July 2016 – Students Return to School
Thursday, 21st July 2016 – School Banking
Friday, 22nd July 2016 – Library

T3 Week 2

Thursday, 28th July 2016 – School Banking
Friday, 29th July 2016 – Library

T3 Week 3

Thursday, 4th August 2016 – School Banking
Friday, 5th August 2016 – Highland Fling



T3 Week 4

Thursday, 11th August 2016 – School Banking
Friday, 12th August 2016 – Library

T3 Week 5

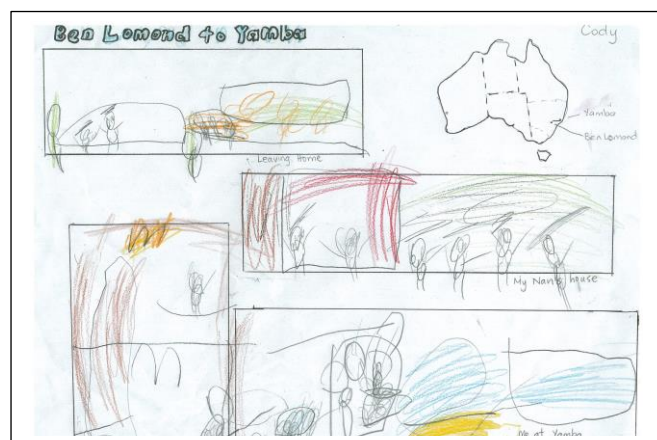
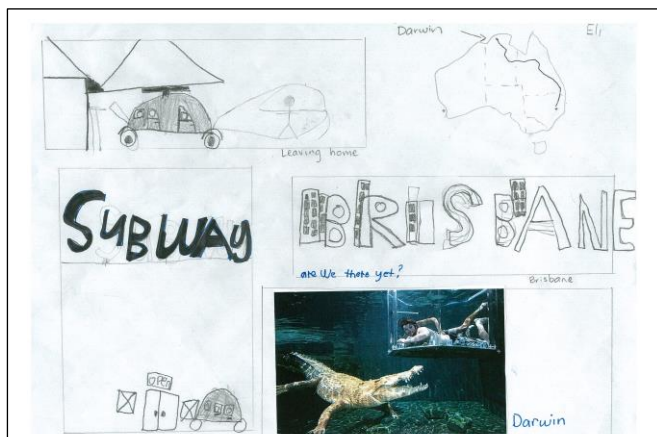
Monday, 15th August 2016 – MSP Photography
Thursday, 18th August 2016 – School Banking
Friday, 19th August 2016 – Library
Friday, 19th August 2016 – School Assembly

T3 Week 6

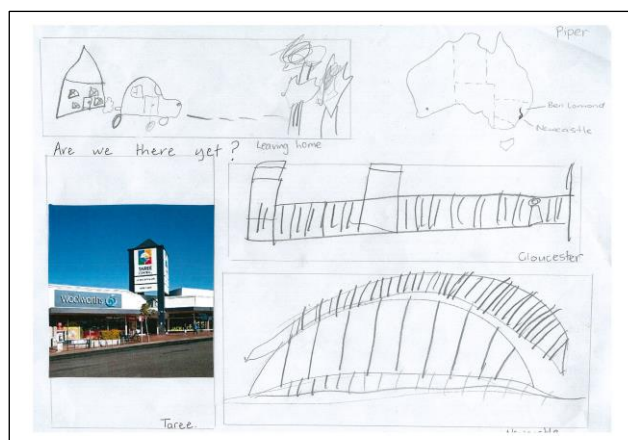
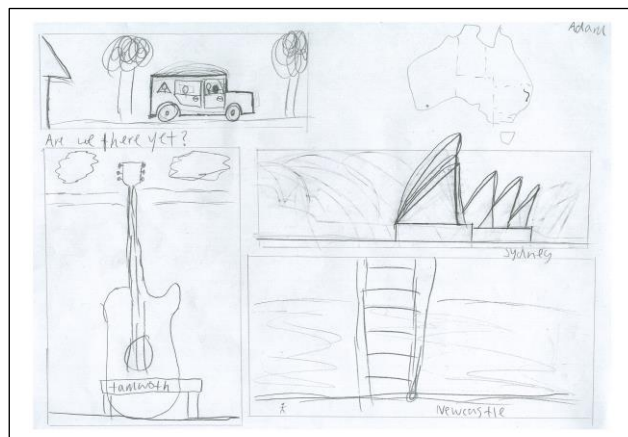
Tuesday, 23rd August & Wednesday, 24th August – School Camp
Thursday, 25th August 2016 – School Banking
Friday, 26th August 2016 – Library

**School Assembly – Friday
1st July 2016 @ 2.30pm**

Our Journey



Our Journey



....Silver Awards....

Adam, Savannah, Ruben, Cody, Piper, Eli

.... Merit Awards....

Ruben - Awesome effort in Geography & Writing.

Cody - Improvement & Effort in Reading

Savannah - All round achievement



Good for Kids good for life

ACTIVE PLAY ON A RAINY DAY

Rainy days can mean spending more time indoors and less time in active play. However, there are lots of fun activities to keep you moving indoors!

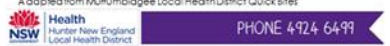
The next time you have a rainy day try these indoor activities:

- Hide and seek
- Dance competition/disco
- Balloon volleyball
- Charades
- Build an indoor fortress with chairs and sheets
- Hallway bowling with toilet paper rolls and a soft ball or rolled up socks



Or, brave the weather with a raincoat and gumboots and splash in the puddles!

A adapted from Murrumbidgee Local Health District Quick Bites



Good for Kids good for life

GOOD NUTRITION FROM DAWN TO DUSK

Regular snacks throughout the day help control blood sugar levels and regulate mood swings.

Having a healthy snack prepared when the kids come home from school can improve homework productivity and reduce irritability before dinner.

Why not try some of these afternoon snack ideas:

- Savoury pikelets
- Warm Milo with low fat milk
- Wholegrain toast fingers with low fat cheese
- Raisin toast
- Fruit & vegetable smoothies
- Fruit slices
- Homemade frozen yoghurt and fruit pops



Good for Kids good for life

DROP THE TEMPERATURE, RAISE THE HEARTRATE

Indoor activities don't have to be boring! Although it's getting cold outside there are still plenty of ways to get the heartrate up this winter!

Here are some ideas that involve indoor active fun:

- Free indoor play grounds in shopping centres
- A visit to the science museum (often free entry)
- YMCA kids programs
- Gymnastics
- Indoor Trampoline
- Bowling
- Ice Skating
- Indoor skate parks, sports and swim centres



Why not look into what is available in your local area today and ask if they do discount deals for seasonal entry?

