

Term 1 Week 10 2022

Principal: Kirsten Reim



# Ben Lomond Public School Newsletter



**Respect, Responsibility, Leadership, Resilience**

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Education

A PROUD MEMBER OF THE

**SNOW GUMS**  
LEARNING ALLIANCE





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## Principals Report

As we quickly approach the end of the Term it's time for students to reflect on their learning. Student reflections will inform part of our classroom visits, students will be thinking about their learning strengths and challenges and also goals for their learning.

Students are able to borrow two books each week from the library. Library is now on Mondays straight before the sport session. If students wish to borrow it is beneficial for them to bring a library bag, this helps protect the books and also makes sure books don't 'slip' into home collections.

On Wednesday students will travel by bus to Bald Blair Public School to take part in the Snow Gums Learning Alliance Cross Country. I look forward to cheering all the children across the finish line. Please make sure that all permission notes are returned to school by the due date.

Planning is well underway for a few events next term. Ms Barnes is organising an excursion to the History House, we are also planning an excursion for National Simultaneous Storytime. This is in addition to the Finlayson's Cup (Athletics Carnival) at Chandler Public School. Notes will be sent out for these events next term, they will also be emailed.

Francesca and her fantastic dogs from PawsUp had their final visit to our school last Friday, students have enjoyed reading stories to the dogs and learning about reading dog body language.

Finally I will be on leave during Week 11, Ms Barnes will be relieving in the Principal role. I would like to wish everyone a safe and happy holiday.

*Ms Kirsten Reim*



### School Assembly Monday 14 March 2022

**Cooper Eddy** - Leading by example and being an excellent role model.

**Scarlett Templeton** - Being a kind friend and working towards improving her confidence in all learning areas.

**Jasper Eddy** - working hard in rotations.



Regular attendance at school is essential to assist students to maximise their potential. Schools, in partnership with parents, are responsible for promoting the regular attendance of students.

Should your child miss school for any reason, it is necessary to notify their teacher by phone or in writing with a legitimate reason for the absence, within seven days of your child returning to school. Students should attend school each day, unless the child is ill, has an infectious disease, is incapacitated by injury, is honouring a religious commitment, or is accompanying a parent or caregiver and no alternative arrangements are possible.

It is important that your child maintains consistent attendance as patterns of absence in early years continue throughout school years. Students who are absent can miss the introduction of new concepts and often have difficulty in follow-up activities.

Please inform teachers by note or telephone if you plan to take your child or children from school during school hours. A note or call is also necessary when there are any changes to a child's normal routine regarding arrival or departure from school. This is a legal requirement of the NSW Department of Education & Communities to ensure students safety.

| NSW Department of Education

# Why attendance matters

When your child misses school they miss important opportunities to:



Learn



Make friends



Build skills through fun



## Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life

**1** day per **fortnight**  
 = **4** weeks  = Over **1** year missed

**1** day per **week**  
 = **8** weeks  = Over **2.5** years missed

## DATES FOR YOUR DIARY

### March

Wednesday 30 - Cross Country at Bald Blair

### April

Wednesday 6 - Transition to Kindy

Friday 8 - Last day of term 1

Monday 26 - Staff development day

Tuesday 27 - Term 2 begins for students

Wednesday 27 - Transition to Kindy

### May

Wednesday 11,18,25 - Transition to Kindy

Wednesday 4 - Finlaysons

Monday 23 - Assembly 2.20pm

Wednesday 25 - National Simultaneous Story Time

Thursday 26 - Tentative date for History House excursion

### June

Monday 27 - Assembly 2.20pm

## Good for Kids good for life

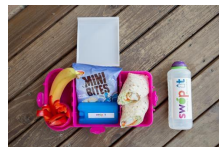
### Packing an Everyday Lunchbox

Packing an everyday lunchbox does not have to contain fancy ingredients.

Make packing an everyday lunchbox easy by adding:

- **Crunch and Sip®:** 1 serve of fruit or vegetables
- **Recess:** 1 serve of fruit or vegetables + 1-2 everyday snacks e.g. rice crackers, yoghurt
- **Lunch:** Sandwich/wrap/roll or leftovers containing everyday ingredients e.g. pasta, fried rice
- **Drink:** Water and/or reduced fat plain milk
- Don't forget to add an **ice brick** to keep the food cool and safe

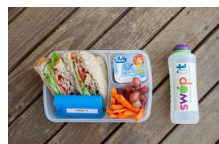
See our everyday lunchboxes below for ideas.



**Crunch & Sip®:** Capsicum sticks  
**Recess:** Mini rice cakes, banana  
**Lunch:** Multigrain wrap with chicken, cheese, carrot and lettuce  
**Drink:** Water



**Crunch & Sip®:** Cherry tomatoes  
**Recess:** Rice crackers, cucumber sticks and hummus  
**Lunch:** Raisin bread sandwich with banana  
**Drink:** Water, reduced fat plain milk



**Crunch & Sip®:** Carrot sticks  
**Recess:** Yoghurt, grapes  
**Lunch:** Whole meal sandwich with tuna, tomato and lettuce  
**Drink:** Water

Whilst brands may be depicted in these images, Good for Kids has no affiliation and does not endorse any specific food brand.

**NSW** Health  
Hunter New England  
Local Health District

[HNELHD-GoodForKids@health.nsw.gov.au](mailto:HNELHD-GoodForKids@health.nsw.gov.au)  
<http://www.goodforkids.nsw.gov.au/>



### OSHC APRIL 2022 SCHOOL HOLIDAY PROGRAM

Wednesday 13 <sup>th</sup> Apr	Thursday 14 <sup>th</sup> Apr
Welcome and Rules Setting	Edible Playdoh Making
Treasure/ Scavenger Hunt	Easel Painting
MORNING TEA	MORNING TEA
Excursion to Guyra Highway Park, sausage sizzle for lunch, \$5.00 will be charged to accounts	Smoothie Making
	Fairy/Dino Garden Creation
LUNCH	LUNCH
Ball Splat Painting	Dance Off!
Clay Creations / Plaster of Paris Moulds	Obstacle Course
AFTERNOON TEA	AFTERNOON TEA
Capture the Flag	Fort Building
Water Colour Paintings	Sports (soccer/cricket)

Wednesday 20 <sup>th</sup> Apr	Thursday 21 <sup>st</sup> Apr World Creativity and Innovation Day
Earth Day (22.04.22) Celebrations & Craft	Free Choice Craft
"The Floor Is LAVA!"	Mother's Day Gift Making
MORNING TEA	MORNING TEA
Cook Off Challenge	<b>Kids World Excursion</b> Accounts will be charged Please bring lunch that does not require heating. <b>Bus will depart 10am and return 1pm</b>
Spray Bottle Painting	
LUNCH	
Cloud Dough/ Slime Fun	<b>AFTERNOON TEA</b> Loose Parts Challenge & Engineering Challenges
Gardening/ Grass Head Making	
AFTERNOON TEA	
Carnival Games! -egg & spoon race -ring toss -etc.	Puffy Paint Craft
Sports (footy/touch/league tag)	

A minimum of 18 children per day need to be enrolled for the program to run.

Operating hours are strictly 8am-5.30pm. Children must not be on the premises outside these hours.

If children are booked in, they will be charged regardless of attendance. Due to rostering staff.